

## Conservation of post water is necessary

**LACEY JUSTINGER**  
U.S. Army Garrison-Hawaii  
Public Affairs

**WHEELER ARMY AIRFIELD** — Between daily use of toilets, showers, washing machines, dishwashers, and bathroom and kitchen faucets, we take the steady supply of clean freshwater for granted — until it runs out.

U.S. Army Garrison-Hawaii Soldiers, families and civilians are reminded that water conservation is always an installation requirement at work and home.

This fact is especially important because two of the four deep wells that feed the Schofield Barracks and Wheeler Army Airfield are in need of repair and may remain inoperable throughout June.

Although demands for water increase, especially in the summer months, the natural supply that feeds USAG-HI's freshwater system does not.

The primary source of freshwater for Army installations in Hawaii is through underground aquifers fed by rain. USAG-HI maintains or partners with other organizations to maintain water systems at Aliamanu Military Reservation and Fort Shafter, Tripler Army Medical Center, Schofield Barracks and Wheeler Army Airfield, and Helemano Military Reservation.

As stated in "USAG-HI-10, Environmental Policy," all U.S. Army Hawaii Soldiers, families, residents and civilians have a personal responsibility to ensure environmental conservation and sustainability for the future, through conservation, protection and preservation of natural resources.

With everyone's active efforts, USAG-HI can make huge strides to operate at a Net Zero sustainability status, which is when the consumption of freshwater resources is equal to or less than the rate of water returning to the watershed.

"Protecting our environment is one of the most important aspects of accomplishing the USAG-HI mission," said Col. Daniel Whitney, commander, USAG-HI, in policy "USAG-HI-4, Environmental Compliance and Protection Program."



### Saving Water

Here are some easy ways to save water:

- Take short showers instead of tub baths. Heating water is one of the largest contributors to the electric bill. Using less hot water saves electricity and saves money.
- Wash only full loads of laundry or dishes, or adjust the water level for the load size.
- Repair/report all water leaks as soon as possible. A small leak can waste several hundred gallons per day. See a problem? Call the Directorate of Public Works' Service Order Desk at 656-1275 or your Island Palm Communities' Maintenance Service at 457-4075 (North region) or 457-4050 (South region).
- Postpone watering lawns or gardens when the weather forecast calls for rain.
- Don't water lawns during the heat of the day, 9 a.m.-5 p.m. Water the lawn no more than twice a week during the summer and once a week during the winter months. Monitor lawn or garden watering to ensure water is not spraying on sidewalks or roads, and no puddles are accumulating.
- Turn off running water. Only turn on the water to rinse while washing hands/face, shaving or brushing teeth.

## 9th MSC Best Warriors announced

Carpenter and infantryman go on to Fort McCoy, Wis.

**SPC. DAVID HARTHCOCK**  
305th Mobile Public Affairs Detachment  
9th Mission Support Command

**FORT SHAFTER FLATS** — The 9th Mission Support Command announced the winners of this year's Pacific Army Reserve Best Warrior Competition (BWC), May 23.

Sgt. Jeremiah Bruce, infantryman, Headquarters and Headquarters Company, 100th Battalion, 442nd Infantry Regiment, emerged as the top Noncommissioned Officer of the Year, and Spc. Justin Trusso, carpentry and masonry specialist, 797th Engineer Co., 411th Eng. Bn., 9th MSC, won the battle for Soldier of the Year.

The week-



Spc. Justin Trusso (left), carpentry and masonry specialist, 797th Eng. Co., 411th Eng. Bn., 9th MSC, tries to lock in an arm bar on Sgt. Jeremiah Bruce, infantryman, HHC, 100th Bn., 442nd Inf. Regt., 9th MSC, during the combatives event of the Pacific Army Reserve Best Warrior Competition, May 22. (Photo by Staff Sgt. Joseph Vine, 305th Mobile Public Affairs Detachment)

(Photo has been altered from its original form; background elements have been removed.)



Sgt. Jeremiah Bruce (center), infantryman, HHC, 100th Bn., 442nd Inf. Regt., 9th MSC, and Spc. Justin Trusso (second from right), carpentry/masonry specialist, 797th Eng. Co., 411th Eng. Bn., 9th MSC, are named NCO and Soldier of the Year, respectively, May 23. (Photo by Spc. David Harthcock, 305th Mobile Public Affairs Detachment)

grueling for the Soldiers.

Bruce said that in the weeks preceding the BWC, he put himself through a rigorous regimen of physical fitness, Jiu-Jitsu training and long hours studying Army warrior tasks, which really paid off for him during the heat of the competition.

Trusso explained that even with all his preparation, he was nervous he wouldn't measure up against the other Soldiers.

"When I first got here, I wasn't sure what to expect," said Trusso. "Everyone looked equally prepared. At one point, I was ready to give it up. But, I didn't want to do that, so I just pushed through and seized the moment."

Command Sgt. Maj. David Yamamoto, senior enlisted leader, 9th MSC, lauded the competitors for their tremendous efforts.

"I told these Soldiers to step out of their comfort zone, step up to the plate and take on new challenges, and they did," said Yamamoto. "I have seen their faces and know who the best of the best are. They are our future. I couldn't be any

are both pleased to have represented their units well.

"It definitely brings some pride to my unit," said Bruce, a member of the "Purple Heart Battalion." "It's not really so much about me as a person as it is just showing what the 100th Battalion can do."

Trusso, a native of Yona, Guam, said, "This is just another way of putting Guam on the map. My unit, the 797th Eng. Co., we're out there, and we're coming strong."

Bruce and Trusso realize that their journey is far from over, as they will continue to prepare for the national competition.

"I am anticipating for the next level of competition to be a lot more intense," said Trusso. "I know that it is a really high bar, so Sgt. Bruce and I have got a lot more training to do in order to be ready."

For their distinguished accomplishments, the two Reservists were awarded an Army Commendation Medal and go on to represent the 9th MSC in the USAR Command BWC at Fort McCoy, Wis., scheduled June 23-28.

## Asymmetric warfare program taught to cadre

Story and Photo by  
**STAFF SGT. WILLIAM SALLETTE**  
25th Infantry Division Public Affairs

**SCHOFIELD BARRACKS** — Tropic Lightning's newest academy recently opened its doors at East Range Training Complex, and now the academy is finalizing curriculum to add another course to its catalog: the Lightning Academy Adaptive Leaders Program (LAALP).

The LAALP's goal is to retrain Soldiers to think about every aspect of the decisions they make on and off the battlefield.

The program mirrors the Asymmetric Warfare Adaptive Leader Program (AWALP), an Asymmetric Warfare Group's (AWG) adaptability program that is hosted at Fort A.P. Hill, Va., quarterly.

"It's about being able to adapt to the many obstacles that a Soldier may encounter on a mission or simply in their everyday life," said Wayne Newberry, an AWALP senior advisor and guide. "We aren't teaching the Soldiers to be adjustable, but we are trying to teach them to think many steps ahead of their mission, so they can make the best decision and adapt to the situations around them."

Army Learning Model 2015, a Training and Doctrine Command training initiative, drives AWALP, and subsequently LAALP.

The guides from AWG are currently running a series of five-day courses for the Lightning Academy cadre to assist them in getting the program started. The academy is running through the first class of LAALP May 28-June 1, called ALP No. 3. The AWG guides conducted ALP No. 1 in November, and ALP No. 2, May 13-17.

AWG guides will assist the ALP cadre during this third iteration. However, the ALP cadre will be the primary instructor for every event.

"This program is in line with what the Army is

expecting from leaders now," said Command Sgt. Maj. Ray Devens, 25th Infantry Division senior enlisted leader. "Leaders need to learn to think three or four steps ahead and understand how their decisions affect everything around them."

Asymmetric warfare is defined as warfare in which opposing groups or nations have unequal military resources, and the weaker opponent uses unconventional weapons and tactics, as terrorism, to exploit the vulnerabilities of the opposing force.

"Asymmetrical warfare is more common now than it ever was," said Newberry. "We aren't fighting a standard battle out there anymore. If we can teach Soldiers to adapt here, then instead of being reactionary in battle, they can be more strategic."

The program does not use standard practices when pushing Soldiers into an adaptive mindset; it instead allows them to think through many different scenarios. The task may be something as simple as leaving one point and arriving at another, but the Soldiers may encounter a number of difficult obstacles on the way that are not easily overcome. They have to think critically and creatively through the problem and overcome the obstacle using only the limited resources they brought with them.

"One of the greatest things about this program is that the Soldiers will realize more about themselves in five days than they may in 10 years," said Devens. "They will be able to apply all of these abilities, not only on the battlefield, but in their daily life."

Soldiers who want to attend this program can contact their battalion operations for more information.

The U.S. Army Asymmetric Warfare Group provides Operational Advisory and Solution Development support globally to the Army and joint force

commanders to enhance Soldier survivability and combat effectiveness, and to enable the defeat of current and emerging threats in support of Unified Land Operations.



An instructor from the Asymmetric Warfare Group discusses firing techniques with 25th ID Soldiers and Lightning Academy cadre before a live-fire exercise, May 13. The course was conducted to assist the Lightning Academy cadre as they prepare their own Adaptive Leader Program.





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MEMORIAL DAY 2013



HONOLULU — Col. David Astin (left), intelligence officer, 94th Army Air and Missile Defense Command, and Air Force officers Maj. Mark Schoenbeck and Capt. Maria Van Houten, civil engineers, Pacific Air Forces Headquarters, pay their respects to fallen military members, past and present, at the National Memorial Cemetery of the Pacific, also known as Punchbowl Cemetery, Monday. The particular gravesite they are at is that of Air Force Capt. Reid Nishizuka, who was recently killed in Afghanistan and buried, May 13. See Memorial Day coverage on p. A-6. (Photo by Sgt. 1st. Class Karry James, 94th Army Air and Missile Defense Command Public Affairs)

BACKTOBASICS

# Discipline and standards are measurable for effectiveness

MASTER SGT. CARL ROESCH

18th Medical Command (Deployment Support)  
During the Revolutionary War, Gen. George Washington said, “Nothing can be more hurtful to the service than the neglect of discipline; for that discipline, more than numbers, gives one Army the superiority over another.”

Discipline is a fundamental aspect of the Army that enables the accomplishment of the mission, whether that mission is elaborate or routine.

However, discipline does not exist on its own. It must have some quantifiable measure to gauge its effectiveness. These quantifiable measures are called standards.

To enable further understanding of standards and discipline, they must be defined. Army Leadership (ADRP 6-22) was used as source material for the definitions of both standards and discipline.

**Standards.** Per ADRP 6-22, standards are defined as “formal, detailed instructions — describable, measurable and achievable. They provide a mark for performance to assess execution of a task.”

Standards come in many forms; Army regulations, policy letters, and the Manual for Courts Martial are a few examples.

ADRP 6-22 also states, “To use standards effectively, leaders know, communicate and enforce high, but realistic standards.” The key take away from this is communicate; an unknown standard leaves subordinates guessing and sets everyone up for failure.

Effectively communicating the desired standard provides clarity and reinforces teamwork in ensuring that the standard is met by all. Soldiers train to meet or exceed the standard; they do not train to meet or exceed their best guess.

**Discipline.** ADRP 6-22 defines discipline as “willingly doing what is right.” Right is determined by standards. Willingly following and adhering to standards is discipline.



Roesch

Standards and discipline within the realm of the Inspector General assist in defining whether someone did something right (upheld the standard) or did something wrong (violated the standard).

Confusion regarding standards is not uncommon, especially with all of the regulatory changes over the last decade.

18th Medical Command (Deployment Support) addresses the potential confusion regarding standards through the use of policy letters. Some policy letters are mandatory by regulations and should exist in every unit; additional policy letters address common areas of concern and clarify standards by referencing applicable primary source material — some of the common sources being ARs, Department of Defense Instructions and policy guidance issued by U.S. Army-Pacific.

Policy letters are vetted through multiple staff sections, to include the Staff Judge Advocate and IG’s office, to ensure that the information and guidance is correct, legal, ethical and moral. Authorized guidance from the commander, in the form of approved policy letters, establishes the standard, which is then communicated, distributed and openly published to all Soldiers within the command.

Soldiers arriving to 18th MEDCOM (DS) are introduced to all current policy letters during in-processing; any new policy letters are posted within the command area, on the unit’s homepage and sent to each Soldier via email. These policy letters facilitate the Soldiers’ understanding of the standards and what is right.

The Army has changed drastically from its original form in the 200-plus years since Washington mentioned his thoughts on discipline. What has not changed is the importance of discipline in our ranks.

Effective leaders instill discipline in their subordinates by effectively communicating and training to the standard. This method is time proven; it worked for the Army in the Revolutionary War and it continues to work today.

Standards and discipline, as always, ensure our Army will be able to fight and win, anytime and anywhere.

(Editor’s note: Roesch is assistant inspector general at 18th MEDCOM.)

—FOOTSTEPS in FAITH—

# An ordinary brick sends a big message

CHAPLAIN (MAJ.) CHRIS WILSON  
U.S. Army Garrison-Hawaii

A young, successful executive was traveling down a neighborhood street a bit too fast in his new car.

He was being attentive and watching for children darting out from between parked cars, and he slowed down when he thought he saw something.

As his car passed, no children appeared. Instead, a brick smashed into his car’s door!

He slammed on the brakes and backed the car up to the spot that he believed it was thrown from, jumped out of the car and grabbed the nearest kid, pushing him up against a parked car.

“What was that all about, and who are you? Just what the heck are you doing?” shouted the executive. “That’s a new car, and the brick you threw is going to cost me a lot of money. Why did you do that?”

The young boy was apologetic. “Please, mister, please. I’m sorry, but I didn’t know what else to do,” he pleaded. “I threw the brick because no one else would stop.”

With tears dripping down his face and off his chin, the young boy pointed to a spot just around a parked car.

“It’s my brother. He rolled off the curb and fell out of his wheelchair, and I can’t lift him up. Would you please help me get him back in the wheelchair?” the boy asked the stunned executive. “He’s hurt, and he’s too heavy for me.”

Moved beyond words, the driver tried to swallow the rapidly swelling lump in his throat. He hurriedly lifted the handicapped boy back into the wheelchair, and then took out a linen handkerchief and dabbed at the boy’s fresh scrapes and cuts. A quick look told him that everything was going to be okay.

“Thank you, and may God bless you,” the grateful child told the executive.

Too shook up for words, the man simply watched the boy push his wheelchair-bound brother down the sidewalk toward their home.

It was a long, slow walk back to his car. The damage was noticeable, but the driver never bothered to repair the dented side door. He kept the dent there to remind him of this message: “Don’t go through life so fast that someone has to throw a brick to get your attention.”

I believe that God whispers in our souls and speaks to our hearts. Sometimes, when we don’t have time to listen, he might just have to throw a brick at us. It’s our choice to listen or not.

Has God spoken to you lately?  
(Editor’s note: Wilson is the Family Life Chaplain for USAG-HI.)



Wilson



Hurricane season starts June 1st. See related stories on B1.

# Voices of Ohana

Hurricane Preparedness Week is May 26-June 1.

“How do you prepare for hurricane season in Hawaii?”

Photos by 94th Army Air and Missile Defense Command Public Affairs



“We got cases of water, canned goods, a portable Coleman stove, flashlights, radio and batteries stored in the garage.”

**Staff Sgt. Travis Barriga**  
Data systems integrator, 94th AAMDC



“Know where the emergency shelters are located in Ewa Beach and ensure my kids know what to do and where to go.”

**Staff Sgt. Lehua Johnson**  
Supply sergeant, 94th AAMDC



“Follow the hurricane plan put out by FEMA online; with us just having had twins, we take planning seriously — that goes double for emergencies!”

**John Miles**  
Spouse, 94th AAMDC



“We haven’t come up with a specific plan yet, but we’re getting there. Thanks for the reminder!”

**Michelle Rentaria**  
Spouse, 94th AAMDC



“I follow the guidelines put out by the Hurricane Preparedness Guide from FEMA (Ready.gov) and brief my family on any changes to our current plan.”

**Sgt. Maj. Dale Sproule**  
Senior enlisted leader, 94th AAMDC



# IMCOM gets SHARP on sexual assault, harassment

Story and photo by  
**TIM HIPPS**  
U.S. Army Installation Management Command

SAN ANTONIO — Workers at U.S. Army Installation Management Command headquarters began their week recently with a previously unscheduled — but mandatory — three hour session of Sexual Harassment/Assault Response and Prevention (SHARP) training.

Four days after President Barack Obama tasked Defense Secretary Chuck Hagel and Army Gen. Martin Dempsey, Chairman of the Joint Chiefs of Staff, to lead the effort to eliminate sexual assault and harassment from the military, IMCOM, the command whose motto is “We are the Army’s Home,” got busy changing its culture, beginning with its headquarters.

“If it’s our top priority, what’s more important than to start the next day with a discussion of this?” said Lt. Gen. Mike Ferriter, commander, IMCOM, as he led the training.

Three days earlier, Gen. Ray Odierno, Army Chief of Staff, told Ferriter SHARP is his No. 1 priority.

“We need to have a keen understanding of

this program,” Ferriter said.

The SHARP program’s goal is to eliminate sexual harassment and assaults by creating a climate that respects the dignity of every member of the Army family.

“We do have standards we’re going to live by,” Ferriter said. “If you don’t have them written down, we’re going to clarify them. ... We, the leaders of the Army, we’ve got a problem, and the problem is an alarming number of sexual assaults and a culture and climate of sexual harassment.

“We’re going to do something about it, and we’re going to start right here with our headquarters, and we’re going to make sure that all of you have a work environment that’s free of any kind of sexual harassment.”

Soldiers and Army civilians sat side-by-side during the three hours of training, which covered everything from Soldier-on-Soldier sexual assault to civilian-on-civilian sexual harassment.

“It’s not about annual training; it’s about change,” Ferriter concluded. “If we have to do this three times a week, I’m in, until we get it right.”



Lt. Gen Mike Ferriter (on stage, left), commander, and Sgt. Maj. Earl Rice (on stage, right), senior enlisted leader, U.S. Army IMCOM, make opening remarks during a mandatory three-hour Sexual Harassment/Assault Response and Prevention training session for IMCOM headquarters employees on Joint Base San Antonio-Fort Sam Houston, May 20.

## Furlough is focus of town hall

**ROBERT DOZIER**  
U.S. Army Installation Management Command

SAN ANTONIO — Senior leaders at the U.S. Army Installation Management Command headquarters addressed the issue of an 11-day furlough for civilian personnel at their recent town hall meeting.

Lt. Gen. Mike Ferriter, commander, and Command Sgt. Maj. Earl Rice, senior enlisted leader, explained the effect of this action on employees throughout the IMCOM community and offered a look ahead as this fiscal year closes, and into the next FY.

“The nation is in budget trouble, and when the Budget Control Act and sequestration hit us, the Army knew they had to balance things like the size of the Army,” said Ferriter. “The Army is determined to fund readiness first because we don’t want our Soldiers deploying without training.”

IMCOM has a major role in readiness and resilience of the force and is sharing in budget sacrifices. Compared to fiscal 2012, the IMCOM budget has been reduced by 21 percent.

“As a command, we are getting better at what we do, and despite all that we face, we’ve been able to maintain without a reduction in force at headquarters,” said Ferriter. “Everywhere we save money and bend on the way we are doing things, it helps us move forward.”

The number of furlough days has been reduced from 22 down to 11 through the end of the fiscal year. Furloughs will save \$1.8 billion from the overall military budget.

Notices will likely be distributed between May 28 and June 3, to meet the required 30-day notice before furloughs begin. Notices will identify both the “reply” official, who will receive the employee’s response, and the “deciding” official, who will respond to any employee protests to the furlough.

Technically, a furlough is an adverse action, because of its effect on the employee.

All nonappropriated fund employees are exempt from sequestration furloughs.



Lt. Gen. Mike Ferriter, commander, U.S. Army IMCOM, discusses furloughs with the IMCOM headquarters workforce during a town hall meeting, May 16. (Photo by Neal Snyder, U.S. Army Installation Management Command)

“Furlough is big business,” said Ferriter. “It hurts you and we know it. It was a Defense Department all-in, and we didn’t get a vote, but we know whoever you are and whatever you do, every piece of paper we touch is a Soldier or family action. HQ (Headquarters) Department of the Army knows the adverse effect if we are not there ... what you do makes a difference.”

IMCOM has announced that headquarters will move to a four-day workweek during the furlough period; however, each garrison commander will make his or her own scheduling decisions locally.

Those garrisons under collective bargaining agreements have consulted directly with their union officials in preparation for furloughs. Employees who are members of a union are encouraged to consult with them for any updates and guidance.

After final furlough decision notices are sent, employees may appeal the agency’s decision to the Merit System Protection Board within 30 days from the effective date of the furlough.

Decisions regarding the termination of temporary and term employees will be made at the local garrison.

## Defense commissaries plan for Monday furlough closures

**KEVIN ROBINSON**  
Defense Commissary Agency Public Affairs

FORT LEE, Va. — When furloughs are implemented, most military commissaries will close one day a week on Mondays, said Joseph Jeu director and CEO of the Defense Commissary Agency.

The closures will be for up to 11 days between July 8 and Sept. 30.

Closing commissaries on Mondays would be additional to any day stores are routinely closed.

The 148 stores that routinely close on Mondays would also close the next normal day of operation. Other than the furlough day, there are no other changes planned for store operation hours.

Like most DOD activities, DeCA is mandated by the Department to furlough its civil service employees. Furlough notices are scheduled to be delivered to DeCA employees between May 28 and June 5.

“We know that any disruption in commissary operations will impact our patrons,” said Jeu. “Also, we understand the tremendous burden this places on our employees, who, when furloughed, will lose 20 percent of their pay. “We determined that Monday closures would present the least pain for our patrons, employees and industry partners.”

Schofield’s commissary manager agrees.

“We deeply regret the inconvenience to our customers; however, these things are not

under our control,” said Gregory McGruder, manager, Schofield Commissary. “We will do everything possible to ensure that full service is possible when we reopen on Tuesdays.”

As sequestration continues, commissary customers can quickly find out about any changes to their local store’s operating schedule by going to [www.commissaries.com](http://www.commissaries.com), clicking on the “Locations” tab, then “Alphabetical Listing,” finding their store and clicking on “local store information.”

Patrons are reminded that, because sequestration is so fluid, DeCA’s plan for this budget-cutting measure is subject to change.

DeCA decided on Monday closures after weighing the potential disruption to patrons and suppliers of having rolling furloughs, where closure dates would differ from store to store. Universal Monday closures are less disruptive to shoppers and the agency’s industry partners — vendors, suppliers and distributors — who deliver products daily to DeCA’s commissaries.

In January, DOD released guidance to allow defense components to plan for potential budget cuts by reducing operating costs.

“We are in this together,” Jeu said, “and though limited in our ability by circumstances we cannot control, I assure you we will do all we can to mitigate the impact of sequestration on our patrons, employees and industry partners, and on our mission.”



This week, Schofield Barracks Commissary announced it will be closing Mondays as employees are furloughed. (Photo by Lacey Justinger, U.S. Army Garrison-Hawaii Public Affairs)

### Furloughs

For more information on how sequestration and furloughs affect the IMCOM workforce, visit [www.imcom.army.mil/Organization/G1Personnel.aspx](http://www.imcom.army.mil/Organization/G1Personnel.aspx).



# 84th Eng.’s electricians, carpenters assist JSOTF-P

**1ST LT. JOHN SPIES**  
84th Engineer Battalion,  
130th Eng. Brigade  
8th Theater Sustainment Command

CAMP NAVARRO, Philippines — A select group of Soldiers from the 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, recently deployed to the Philippines from their current deployment in Guam to provide necessary engineer capabilities in support of Operation Enduring Freedom-Philippines.

The engineers augmented the Joint Special Operations Task Force-Philippines (JSOTF-P), and were tasked with repairing electrical capabilities, as well as providing general carpentry improvements to the numerous camps used by American forces throughout the joint operations area.

They worked in the southern Philippines alongside the Armed Forces of the Philippines and the Philippine National Police to advise and assist with their counterterrorism efforts.

Upon arrival, the electricians first conducted an assessment of five different camps. They found a multitude of potential electrical hazards.

“Common electrical wiring convention was not used when power was first installed in the camps,” explained Spc. James Jusi, electrician, 523rd Eng. Company, 84th Eng. Bn. “Most all electrical outlets required proper grounding to reduce the risk of electrical shock.”

After all the electrical hazards were identified at each camp, the electricians returned with materials to make needed repairs. The electricians diligently corrected faulty connections, repaired damaged panel boxes and enclosed exposed

wires appropriately in conduit.

Working in buddy teams, they completed the assessments and all of the repairs during two months. All of the camps’ previous electrical hazards were all corrected upon completion of the work.

Carpenters also made necessary repairs. One

camp in particular required major renovations, to include replacing a structure’s tin roof panels.

“Replacing the roof was one of the most challenging projects we completed,” said Sgt. Forrest Bushey, carpenter, 523rd Eng. Co. “The newly installed roof will be better suited to handle the heavy rainfall this area receives.”



Sgt. Forrest Bushey (foreground), carpenter, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, installs a new layer of sheet metal during the battalion's recent deployment to the Philippines to provide necessary engineer capabilities in support of Operation Enduring Freedom-Philippines. The new roof stopped numerous leaks that previously occurred in the structure. (Courtesy photo)

Other carpentry repairs greatly improved the living conditions for Soldiers using the camps. Desks, bed frames, cabinets and tables were all constructed to suit operational needs.

Furthermore, the engineers used excess scrap material and creatively fabricated additional gym equipment.

“We pretty much used every inch of building material for construction,” said Spc. Kyle Zulkoski, carpenter, 523rd Eng. Co., “and it was nice to see that everything we built was utilized almost immediately.”

During their last three weeks in the Philippines, the electricians and carpenters worked together to complete the interior renovation of office space to be used by JSOTF-P staff.

The electricians performed numerous tasks outside of their primary specialty while conducting renovations. Their flexibility and adept craftsmanship ensured the project was successful and professional.

Following successful completion of the mission, the Soldiers rejoined the 84th Eng. Bn., currently at Camp Covington, Guam. They will integrate back into their respective platoons within the 523rd Eng. Co. and continue normal operations.

The 84th Eng. Bn. has been forward deployed to Guam since the start of the calendar year and recently reached the halfway mark of its deployment. The battalion is expected to return to Schofield Barracks around the end of the current fiscal year.

*(Editor’s note: Spies is an engineer and was officer in charge while deployed to the Philippines. He is the battalion plans officer at 84th Engineers.)*

Send announcements for Soldiers and civilian employees to [news@hawaii.armyweekly.com](mailto:news@hawaii.armyweekly.com).

**Today**

**Last Call for DKO** — After 6 p.m. Hawaiian time, Defense Knowledge Online account

holders will lose all access. To retain content stored on DKO, users must download it before 12 a.m. EST; any remaining data will be deleted. To transfer data, go to <https://efs.deps.mil/>.

**June 4 / Tuesday**

**Flying V** — A Flying V and Retirement Ceremony honoring Lt. Gen. Francis Wiercinski, commanding, U.S. Army-Pacific, will be held at 1 p.m. at historic Palm Circle on Fort Shafter. Retired Gen. David

Bramlett will officiate.

The Flying V Ceremony traditionally welcomes or honors senior Army officials when they assume duties, depart or retire from an Army command. Flying V refers to the V shape way the colors are posted during the ceremony.

**10 / Monday**

**Tripler Trolley** — The trolley begins new red and blue routes. Red will pick up from seven locations and transport passengers to the oceanside entrance, and Blue will pick up from 10 locations and take pas-

sengers to the mountainside entrance, emergency, Army hotel, Fisher House, Tripler Army Medical Center Gym and Veteran Affairs Center.

**TAMC Lane Closure** — Krukowski Road near Buildings 102 and 104 will be partially closed for utility installation. The work will be performed in two phases, 8:30 a.m.-2:30 p.m., Mondays through Saturdays.

Phase one will occupy the north side of the road, June 10-12 (the south lane will remain open for two-way traffic), and phase two on the south side,

June 13-26 (north lane open for two-way traffic.) Please exercise additional caution and plan ahead to avoid delays.

**11 / Tuesday**

**Commissary Inventory** — The Schofield Barracks Commissary will close five hours early in order to conduct a formal inventory. Store hours will be 8-9 a.m. for early bird and 9 a.m.-3 p.m. for normal shopping. Call 655-5066.

**14 / Friday**

**Happy Birthday** —U.S. Army-Pacific will celebrate the

238th Army Birthday at the USARPAC Army Birthday Commemoration at Hilton Hawaiian Village. A cocktail hour will be held from 5:30-6:30 p.m. The formal portion of the evening begins at 6:30 p.m.

See your unit representative for more information.

**24 / Monday**

**ICS 300 & 400** — Attend FEMA’s Incident Command System training courses 300 and 400. Register at [www.eventandexercise.com/homepage.php?eventid=124](http://www.eventandexercise.com/homepage.php?eventid=124) or call 438-5176.



# Gimlets evaluate measures of leadership, abilities

Story and photo by  
**1ST LT. DANIEL NORTH**  
1st Battalion, 21st Infantry Regiment  
2nd Stryker Brigade Combat Team  
25th Infantry Division

SCHOFIELD BARRACKS — “You can’t lead anyone else further than you have gone yourself.”

That quote by writer Gene Mauch was instilled in team leaders of 1st Battalion, 21st Infantry Regiment, “Gimlets,” 2nd Stryker Brigade Combat Team, 25th Inf. Division, as they conducted a Team Leader Evaluation Course, recently.

The course included classroom testing and evaluations, and an assessment of preventative maintenance checks and services on Strykers and the Remote Weapon System vehicle variants in the brigade motor pool. It culminated with a tactical road march and land navigation course.

Graduates of the course learned that the measure of true leadership is the caliber of people who choose to follow and the power of inspiring those the leader stands before.

“This assessment has been great. It has given us an opportunity to bring light to some very strong leaders and also ones who need more development,” said Sgt. 1st Class Jesse Smith, scout platoon, Headquarters and Headquarters Company, 1st Bn, 21st Inf. Regt., and noncommissioned officer in charge of the training. “All in all, it gave us a great snap shot of what we can look to improve come Expert Infantrymen Badge testing, and where our team leaders’ abilities stand across the battalion.”

“So far, we have been able to test their abilities on leadership, inspiring others and core competencies as team leaders, so that we can have a greater sense of understanding of how our junior leaders are training and taking care of our



Sgt. Andrew Stroud (left), Co. C, 1st Bn., 21st Inf. Regt., 2nd SBCT, 25th ID, and Sgt. Corey Saunders, HHC, 1st Bn., 21st Inf. Regt., plot their attack points and chart their courses as they prepare to begin the daytime land navigation portion of a Team Leader Evaluation Course, conducted at East Range training complex, May 9-10.

Soldiers in 1-21,” said Sgt. Maj. Eric Alfieri, operations senior enlisted leader, HHC, 1st Bn, 21st Inf. Regt. “With completion of the course, team leaders are awarded a certificate of training, which is the equivalent of a 40-hour training course and gives Soldiers points towards promotions.

“After we receive feedback in the after-action review,” he continued, “we will look to make this

course a staple of leadership assessment in 1-21 and will continue to build off of it for future leaders to continue their professional development.”

As the Gimlets continue their efforts to develop great, inspiring leaders, their progress and refinement of the standard of how to care for and lead Soldiers will remain a key focus and a staple of the team leaders’ abilities.

The success of the event postures the Gimlets

to excel in the upcoming Expert Infantry Badge testing and future team and squad live-fire exercises.

Giving leaders the vision and conviction that a goal can be achieved allows them to inspire followers with the energy and power to reach that goal, and that is the essence of leadership.

*(Editor’s note: North is the 1st Bn., 21st Inf., fire support officer.)*



## SOME THINGS SHOULDN’T GO IN DUMPSTERS

Do not place any cardboard, wood, bulky waste, hazardous materials, or green waste in

dumpsters or around them. For proper disposal, contact your local community center.

### Recycling Websites

Keep Hawaii green. Recycle. Visit [www.islandpalmcommunities.com/CurrentResidents](http://www.islandpalmcommunities.com/CurrentResidents).

For Soldiers and civilians, refer to the A-Z topics on the environmental website at [www.garrison.hawaii.army.mil/sustainability/AtoZ.aspx](http://www.garrison.hawaii.army.mil/sustainability/AtoZ.aspx).



(Courtesy photos)





Command Sgt. Maj. Philip Brunwald (center), senior enlisted leader, USAG-HI, places a wreath to pay his respects to veterans who gave their lives in service of our country during a Memorial Day Remembrance ceremony at the Schofield Barracks Post Cemetery, Monday. More than 100 people attended the intimate event. (Photo courtesy U.S. Army Garrison-Hawaii Public Affairs)

# Memorial Day observed

**JACK WIERS**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — Reminders of America’s history of sacrifice were voiced at Memorial Day ceremonies, here, and throughout the nation, Monday.

Across the country, remembrance ceremonies, in various locations and in a variety of ways, reminded all in attendance of the sacrifices of honored past, as well as current heroes.

Tributes were voiced in both formal ceremonies and with private moments.

At the cemetery, here, visitors began arriving in the day’s early hours to offer respect to individual fallen friends and family members — for veterans, retirees and family members’ remains are buried at the century-old site.

The gravesites bore lei and miniature American flags. A steady stream continued throughout the morning to individual gravesites.

Later in the morning, at the formal Memorial Day ceremony, Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, in formal remarks, stressed the need to salute and honor all members of the armed forces throughout history.

“... Our memorials, our cemeteries, our monuments and our museums serve as proof to our children and future generations that men and women of great character, from all walks of life,

left their homes and were willing to give their lives to secure the rights and freedoms of others,” Whitney said.

He asked if speaking words and placing flowers on graves would be enough of a tribute?

“They did not die for words or wreaths alone; rather, they died so that in freedom our nation might endure,” Whitney said.

Whitney then quoted the reminder from President Abraham Lincoln: “... Any nation that does not honor its heroes will not long endure.”

The remembrance ceremony continued with Army veterans from the Military Order of the Purple Heart, the Disabled Veterans of America and the Veterans of Foreign Wars laying wreaths and lei at the foot of the National Ensign.

The National Salute was offered by Command Sgt. Maj. Philip Brunwald, USAG-HI senior enlisted leader.

A rifle detail of seven delivered a three-volley salute, followed by the raising of the flag from half-mast to the top of the flagpole.

The ceremony concluded with a single bugler playing taps.

“I will continue to come until I can’t,” said Disabled American Veteran’s Sammy Houseman, who along with more than 100 others viewed the ceremony. “There are fewer of us here every year,” he added.

# Motorcyclists ride for safety, fallen comrades

Story and photo by  
**SPC. DAVID INNES**  
8th Theater Sustainment Command  
Public Affairs

FORT SHAFTER — More than 200 military and civilian riders from across Oahu participated in the U.S. Army-Pacific Command’s “Ride for the Fallen and Safety Validation Ride,” May 23.

The annual event kicks off the “100 Days of Summer”; it also heightens awareness of the motorcycle safety rider and honors the military’s fallen brothers and sisters in arms.

“We really want to get people realizing that summer time is going to come,” said Sgt. 1st Class Daniel Halsey, the noncommissioned officer in charge of motorcycle safety for the U.S. Army in Hawaii. “As the summer time arrives, the motorcycles on the roads are going to increase, and people are going to be out joyriding and really enjoying the weather and the open roads out here.

“You just want people aware of the motorcycles, so they look twice before they enter an intersection and turn,” Halsey explained. “That’s the main thing that we want people to focus on.”

Besides the safety aspects of the ride, many riders used the time as an opportunity to remember fallen comrades, their friends and family members who paid the ultimate sacrifice.

This is a very special ride for a lot of people, said Master Sgt. Jerome Simmons, the senior transportation NCO for the 8th Theater Sustainment Command’s support operations. The dual purpose of the event is to promote safety and, more importantly, to remember those who served before us and those who never made it home, he added.

Many of the riders were new, but for the few who have been coming every year, they were treated to something new.

“One good thing about this is that we did the route backwards; we went the opposite way,” Simmons said. “We started last year at the USARPAC headquarters on Fort Shafter; this year we started at Wheeler Gulch. We just did another good scene, another safe ride; to me the scenery was different.”

Regardless of the each rider’s reason for participating — whether it was for the safety aspect, to remember their fallen friends or merely to take a long ride with friends — each rider had a good time and is excited for more events to come.

“I think it was a very fun ride,” said Sgt. Khmla Chanaphang, transportation NCO for the 8th TSC’s support operations. “No one was trying any dumb stuff, like doing wheelies or something. Everybody was safe. It was a really nice enjoyable ride for everybody.”

USARPAC’s “100 Days of Summer” continues throughout the summer months.



KUALOA POINT — Service members from all branches of the military pass near Chinaman's Hat, the halfway point of the 2013 USARPAC Ride for the Fallen and Safety Validation, May 23.



# PREPAREDNESS



Members of the 84th Engineer Battalion clear trees and debris from a housing area on Schofield Barracks after a storm, Dec. 5, 2007. The storm downed trees and power lines leaving many without electricity for days. (Photo courtesy of 84th Engineer Battalion)



Hurricanes are the cause of widespread devastation, with the ability to significantly impact living conditions in areas affected. (Courtesy photo)

## Garrison trains for hurricane season with HUREX

### U.S. ARMY GARRISON HAWAII

Directorate of Plans, Training, Mobilization and Security

SCHOFIELD BARRACKS — U.S. Army Garrison-Hawaii will be conducting its annual hurricane exercise called Makani Pahili, meaning “Strong Winds,” from May 29-June 6.

Makani Pahili is a joint exercise that involves the State of Hawaii and all armed services in the Hawaiian Islands.

Key exercise objectives are to prepare Army installations for the annual hurricane season, June 1-Dec. 1. Objectives test disaster preparedness plans and procedures; test alert procedures and communications systems; and test select safe havens and family assistance centers at Schofield Barracks and Fort Shafter.

Residents can expect to see and hear “Exercise-Exercise-Exercise” alerts and announcements from the mass notification “giant voice” systems, from emails and from other websites during the exercise.

Residents and personnel should not be alarmed; alerts are part of the exercise. Focus on three easy steps: get a kit, make a plan and be informed.

**First, get a kit.** The kit should include emergency medications; nonperishable food; a manual can opener; one gallon of bottled water, per person, per day; a battery-powered radio; a flashlight and extra batteries; bedding; clothes; copies of important documents; cash; a first-aid kit; basic household tools; and other special items for infants, pets and elderly or disabled family members.

**Then, make a plan.** Meet with all family members to make a plan and discuss how to prepare and respond to emergencies that are most likely to happen at home, school or work.

Identify responsibilities for each member of the household and plan to work together as a team.

A family communications plan is also necessary; each household member should know how to reconnect with the family. Be sure to also make advance preparations for any pets or people with special health needs.

Prepare an evacuation plan that identifies two places to go if told to evacuate, one within and one outside the neighborhood, like a friend’s home or a shelter.

Store all emergency information on a card that can fit into a wallet. The card should con-

tain each household member’s work, school and cell phone numbers.

In addition, this card should contain the two meeting places and a contact number for someone out of the state. An out-of-state contact may be needed if local phone lines are overloaded or out of service during an emergency.

Sometimes, sending a text message or calling long distance to this central contact person may be accomplished easier during an emergency.

**Finally, be informed.** Get a good map and be familiar with the community’s inundation

zones. Listen to local media or National Oceanic and Atmospheric Administration broadcasts for the latest storm conditions.

If advised to evacuate, do so immediately and bring the family disaster supplies kit.

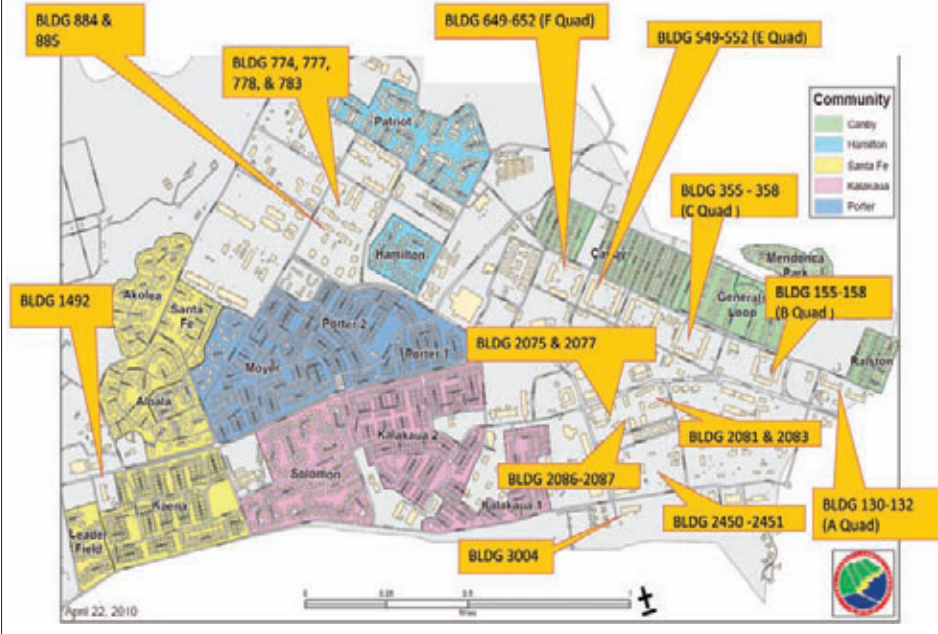
Keep listening to the radio for Civil Defense announcements that state which shelters are open.

The garrison appreciates your patience, understanding and support during this important exercise.

(Editor’s note: USAG-HI Public Affairs contributed to this article.)



### SCHOFIELD BARRACKS SAFE HAVENS



#### Finding Safe Havens

The Army encourages all personnel to maintain a level of readiness during the Pacific Region hurricane season, June 1-Nov. 30.

If directed to move to a safe haven, on-post residents should already know where their safe havens are located.

Print the list and maps from these sites: [www.garrison.hawaii.army.mil/dptms/SafeHaven2013.pdf](http://www.garrison.hawaii.army.mil/dptms/SafeHaven2013.pdf) or [www.slideshare.net/usaghawaii/safe-havenson-post](http://www.slideshare.net/usaghawaii/safe-havenson-post).

Keep a copy of this information in your emergency supply kit for quick access, and bring this kit with you to the safe haven.

If you live off post, move to a safe haven in your local community, if directed.

This information can be found in local phone books or at [www.scd.hawaii.gov/index.html](http://www.scd.hawaii.gov/index.html).

## Commissary readies patrons for Mother Nature’s worst scenarios

### JESSICA ROUSE

Defense Commissary Agency Public Affairs

FORT LEE, Va. — It’s disaster preparedness time, and shopping at the commissary can prepare customers for severe weather..

To help customers prepare for severe storms, tornados, hurricanes, flooding and the damage they and other natural disasters may cause, the Defense Commissary Agency and its industry partners are offering items needed for survival kits at lower prices, said Joyce Chandler, DeCA’s acting director of sales.

“We want to make sure our customers have what they need to be prepared,” Chandler said. “By shopping at the commissary, our customers can get what they need and save money in the process.”

#### Severe Weather Preparation

For more information on ways to prepare for a disaster, visit the following links:

- [www.redcross.org/prepare/location/home-family](http://www.redcross.org/prepare/location/home-family),
- <http://emergency.cdc.gov/planning/>, and
- [www.fema.gov/plan-prepare-mitigate](http://www.fema.gov/plan-prepare-mitigate).

Every year from April 1 through Oct. 31, items such as flashlights, an assortment of batteries, canned tuna, shelf-stable milk, first-aid kits, bottled water, charcoal, canned soup and more are sold at reduced prices as part of DeCA’s severe weather promotional package.

The promotion coincides with the U.S. hurricane and tornado seasons.

In 2012, Super Storm Sandy, the second costliest hurricane in U.S. history, crashed into the Northeast causing damage upwards of \$75 billion across multiple states. Millions of people across New York, New Jersey and New England were without power, running water and heat for weeks.

“Every family should have a disaster kit,” Chandler said. “No matter what the forecasters are calling for, it’s important to be prepared for any emergency.”

#### Disaster Supply Kits

Emergency preparedness officials suggest having a disaster supply kit that includes the following items:

- Water – at least one gallon, daily, per per-

son. Have a three-day supply for evacuation and a two-week supply for home;

- Nonperishable foods – canned meats, fruits, vegetables, dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola, peanut butter and foods for infants and the elderly. Again, have a three-day supply for evacuation and a two-week supply for home;
- Paper goods – writing paper, paper plates, paper towels and toilet paper;
- Cooking items – pots, pans, baking sheet, cooking utensils, charcoal, a grill and a manual can opener;
- First-aid kit – including bandages, medicines and prescription drugs;
- Cleaning materials – bleach, sanitizing spray, and hand and laundry soap;
- Specialty foods – diet and low-calorie foods and drinks;
- Toiletries – personal hygiene items and moisture wipes;
- Pet care items – food, water, muzzle, leash, carrier, medications, medical records, and identification and immunization tags;
- Lighting accessories – flashlight, batteries,

candles and matches;

- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible);
- Duct tape, scissors;
- Multipurpose tool;
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates and insurance policies);
- Cell phone with chargers;
- Family and emergency contact information;
- Extra cash;
- Emergency blanket;
- Maps of the area; and
- Blankets or sleeping bags.

#### Stay Connected

Visit [www.commissaries.com](http://www.commissaries.com) to learn more about the Defense Commissary Agency. At the site, check out the latest news, find a store near you, see what’s on sale, create a shopping list, learn of food and product recalls, scan employment opportunities, read frequently asked questions and submit a customer comment form online through DeCA’s Your Action Line and more.







Briefs

Today

**AMR Pool** — Summer hours are underway Mondays-Wednesdays and Saturdays-Sundays, 11 a.m.-5 p.m. It’s closed Thursdays-Fridays. Swim classes are available. The season runs through Oct. 16. Call 833-0255.

**TAMC Summer Pool Hours** — Summer hours are underway and run through Oct. 16. Pool open Mondays-Tuesdays and Thursdays-Fridays, as follows:  
•6-8:30 a.m., for active duty PT;  
•11 a.m.-1 p.m. for waddling pool and adult lap swimming;  
•1-6 p.m. for open swimming;  
Saturday is open swimming, 11 a.m.-5 p.m. The pool is closed Wednesdays and Sundays. Call 433-5257.

June

3 / Monday

**Reservations for Fourth of July Spectacular** — Reserve your picnic site, beginning June 3 at 9 a.m., in the Special Events Office for the Fourth of July Spectacular festival of fireworks and live entertainment that lasts from 10 a.m.-9 p.m.  
Enjoy games, rides, food, a mechanical bull ride, crafts, prizes and much more. For just \$75, you get a reserved 20x25 space for your family and friends. Perfect space for grilling and viewing all entertainment and fireworks.  
For more details, visit himwr.com or call 655-0113 or 655-0115.

6 / Thursday

**Flower Lei Making** — Sew a lei and learn about this Hawaiian tradition, 4-5 p.m., at the Fort Shafter library. Call 438-9521.

7 / Friday

**Friday Night Fever** — Enjoy a \$5 special for Cosmic Bowling at Wheeler Bowling Center. Includes three games and one shoe rental, 5-10 p.m. Call 656-1745.

Ongoing

**RV/Boat/Jet Ski Lot** — Store recreation equipment. Auto Skills is \$40 for 16-foot and below and \$50 for above 16-feet. Call 655-9368.

**Richardson Pool Closure** — SB’s Richardson Pool is closed until July. For patron convenience, restrooms and showers are open from

BLUE STAR MUSEUMS



Iolani Palace, the official residence of Hawaii’s monarchy in the 19th century is a marvel of opulence, innovation and political intrigue. Iolani Palace participates in the Blue Star Museums program and offers free admission to active duty military personnel and their families through Labor Day. (Photo courtesy of the Bishop Museum)

Hawaii museums offer free summer military admission

HONOLULU MUSEUM OF ART  
News Release

HONOLULU — The Honolulu Museum of Art has announced that for the fourth year it is participating in Blue Star Museums, a collaboration among the National Endowment for the Arts, Blue Star Families and the Department of Defense.  
As part of the program, the museum is one of 10 Hawaii institutions to offer free admission to all active duty military personnel, including National Guard and Reserve, and their families through Labor Day.  
Across the country, more than 2,000 museums are participating in Blue Star Museums. The program provides families an opportunity to enjoy the nation’s cultural heritage and learn more about their new communities.  
“The Honolulu Museum of Art is honored to again be part of this program that connects the military with museums,” said Stephan Jost, director of the Honolulu Museum of Art. “We gratefully open our arms to service men and women and their families. Relaxing in

front of priceless works of art in two of the most beautiful settings in Honolulu, for free, is the least we can do for a group of people who are feeling the stress of our country’s current conflicts.”

On view this summer at the Honolulu Museum of Art’s main location on Beretania Street are the exhibitions Lethal Beauty: Samurai Weapons and Armor, and Georgia O’Keeffe and Ansel Adams: The Hawai’i Pictures.

Participating Museums

- Venues in Hawaii follow:  
•*On Oahu:* Honolulu Museum of Art, African American Diversity Cultural Center Hawaii, Hawaii State Art Museum, Iolani Palace and Lyon Arboretum.  
•*On Hawaii:* Kona Coffee Living History Farm, Kona Historical Society, Laupahoehoe Train Museum, and Lyman Museum and Mission House.  
•*On Maui:* Alexander & Baldwin Sugar Museum in Puunene.



Honolulu Museum of Art offers free admission to active duty military personnel and family members as part of the National Endowment of the Arts, Blue Star Museums program throughout the summer. With the main location at 900 S. Beretania Street the museum features a collection of works, including van Gogh, Gauguin, Monet and Picasso, as well as special exhibits, including the recent Soldier photo exhibit, “Courage and Strength.” (Photo courtesy Honolulu Museum of Art)

6-9 a.m., during PT, Mondays-Fridays.  
All other operations have moved to Helemano swimming pool.

**Lei Making Workshop** — SB Arts and Crafts Center hosts the great Hawaiian tradition of lei making ev-

ery third Friday of the month from 1-3 p.m. Call 655-4202 for preregistration.

community  
Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

**Installation Waste Disposal** — For proper disposal in residential areas, contact your local community center. Do not place any cardboard, wood, bulky waste, hazardous materials or green waste in or around dumpsters. Visit the IPC website at https://www.islandpalmcommunities.com/CurrentResidents.

June

1 / Saturday

**Habilitat Benefit Luau, Auction and Concert** — At King Intermediate School, 10 a.m.-4 p.m., features local food, silent auction and entertainment, including Henry Kapono.

**North Shore Ocean Fest** — The

Turtle Bay Resort will host this second annual event, noon-6 p.m., June 1, with free activities, including ocean education booths, children’s activities, kayak and stand-up paddleboard lessons, a family sand sculpture competition, ocean fishing lessons for kids, speakers and films.

4 / Tuesday

**Commissary Inventory** — The Schofield Barracks Commissary will close five hours early in order to conduct a formal inventory. Store hours will be 8-9 a.m. for early bird and 9 a.m.-3 p.m. for normal shopping. Call 655-5066.

8 / Saturday

**Classic Car Show** — Hawaii’s largest classic car show with 175 vintage vehicles, 2-8 p.m., Kahala Mall rooftop second deck, above Long’s Drugs.

9 / Sunday

**U.S. Army Day at 50th State Fair** — All Soldiers, family members, civilians and retirees with an Army ID will receive free admittance at Aloha Stadium. USARPAC and the Hawaii Army National Guard will

have static displays at the main entry gate to the fair and the Tropic Lightning Band will perform.

10 / Monday

**Tripler Trolley** — New TAMC trolley routes begin June 10 and will feature red and blue routes with designated pick up points. The red route will pick up patients from seven locations and transport them to the Oceanside entrance. The blue route will pick up patients from 10 locations and transport them to the Mountainside entrance, Emergency Department, Army Hotel, Fisher House, TAMC Gym and Veteran Affairs Center.

**Hawaii Theater Show Auditions** — High school-age audition programs for 2013-2014 will be held June 10 and Aug. 12 for the 2013-2014 Hawaii Theatre Young Actors Ensemble.  
The theatre also is scheduling interviews for the Junior Ensemble program (ages 10-12) and the Technical Theatre Apprenticeship program (ages 13-18).  
Programs are open to all Oahu students; no experience is necessary.

For details or to register for auditions and interviews, call 791-1397 or email edenleemurray@hawaii theatre.com.

12 / Wednesday

**Pacific Army Week Golf Scramble** — This 36-team golf scramble begins at noon at Leilehua Golf Course. The event will be followed by a community open house reception at Leilehua Grill.

13 / Thursday

**Army Week Eagles vs. Sergeants Major Softball** — Annual softball game, 6 p.m., Takata Field, Fort Shafter, matches US-ARPAC 0-6s and E-9s in a family friendly event.

14 / Friday

**Army Birthday Commemoration** — USARPAC will hold a commemoration for the Army’s 238th birthday at 6:30 p.m., June 14, at the Hilton Hawaiian Village. Cocktail hour begins at 5:30 p.m. Contact your unit representative or call 438-9761.

See COMMUNITY Calendar, B-3

worship  
Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
SC: Soldiers’ Chapel, Schofield Barracks  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD  
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR  
•Saturday, 5 p.m. at TAMC, WAAF  
•Sunday services:  
- 8:30 a.m. at AMR  
- 10:30 a.m. at MPC Annex  
- 11 a.m. at TAMC  
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC  
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex  
•Friday, 2:30 p.m., TAMC  
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship

- Sunday Services  
-8:45 a.m. at MPC  
-9 a.m., at FD, TAMC chapel  
-10 a.m. at HMR  
-10:30 a.m. at AMR  
-10:45 a.m. at WAAF (Spanish language)  
-11 a.m. at SC (Contemporary)  
**Liturgical (Lutheran/Anglican)**  
•Sunday, 9 a.m. at WAAF

This Week at the  
MOVIES  
Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafoes.com under realtime movie listing.



Pain and Gain

(R)  
Fri., May 31, 7 p.m.  
Sat., June 1, 7 p.m.  
Thurs., June 6, 7 p.m



The Croods

(PG)  
Sat., June 1, 2 p.m.  
Sun., June 2, 2 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command  
25th ID: 25th Infantry Division  
ACS: Army Community Service  
AFAP: Army Family Action Plan  
AFTB: Army Family Team Building  
AMR: Aliamanu Military Reservation

- ASYMCA: Armed Services YMCA  
BCT: Brigade Combat Team  
BSB: Brigade Support Battalion  
Co.: Company  
CYSS: Child, Youth and School Services  
EFMP: Exceptional Family Member Program  
FMWR: Family and Morale, Welfare and

- Recreation  
FRG: Family Readiness Group  
FS: Fort Shafter  
HMR: Helemano Military Reservation  
IPC: Island Palm Communities  
PFC: Physical Fitness Center  
SB: Schofield Barracks

- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills  
TAMC: Tripler Army Medical Center  
USAG-HI: U.S. Army Garrison-Hawaii  
USARPAC: U.S. Army-Pacific  
WAAF: Wheeler Army Airfield



# Learning about EFMP is essential for all Soldiers

**ARMY COMMUNITY SERVICE**  
Directorate of Family and Morale,  
Welfare and Recreation  
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Staff Sgt. “Kilroy” reflected on when he learned the importance of registering his family with the Exceptional Family Member Program, or EFMP.

“I had gotten married just before I was supposed to PCS (to make a permanent change of station move) to Fort Polk. I was trying to get my orders amended to include my new wife and her son, Charlie, and I didn’t think it was necessary to disclose Charlie’s medical condition or include his medical documents,” “Kilroy” explained.

“Not long after we arrived at Fort Polk, Charlie became really sick and had to be hospitalized. In the end, not following all the right steps for command sponsorship cost me thousands of dollars, a counseling statement and almost the health of my family,” he said.

The EFMP at Army Community Service, or ACS, part of the Directorate of Family and Morale, Welfare and Recreation at U.S. Army Garrison-Hawaii, is working to get the message out about the importance of registering family members with EFMP.

The Department of Defense requires that all service members enroll in the program when they have a family member with a medical, emotional, developmental or intellectual disorder requiring specialized services so that their needs can be considered during the personnel assignment process.

“Kilroy” was surprised when the local hospital at Fort Polk could not support Charlie’s medical needs. Charlie was air evacuated 400 miles away to a medical facility that could provide the necessary services.

“It’s unfortunate when a medical crisis like Charlie’s takes place,” said Ophelia Isreal, local EFMP systems navigator. “A medical crisis like this can cause a great deal of stress within the home, both emotionally and financially, and can often be very difficult for a family to overcome.”

“Although this was a difficult time for the staff sergeant’s family,” said Leonard Webster, EFMP coordinator, “we hope other Soldiers and spouses can learn from his example and understand the purpose of EFMP enrollment. The process is in place to support the medical and special needs of the Soldier’s family so

that he or she can be mission ready.

“What can be more important than the safety of our loved ones?” Webster asked.

The EFMP is comprised of three Army agencies that work in partnership to complement services provided to Soldiers and their families. The first is the Regional Medical Center, which identifies the medical or special need of the family member and initiates the EFMP enrollment with the service member.

The second agency is the Human Resource Command, or HRC, which queries Regional Medical centers in consideration of a potential duty station for a service member and his or her family enrolled in EFMP.

Webster reminds service members “EFMP information is not maintained in local or DA (Department of the Army) level files that are viewed by selection boards or assignment managers. They are only used to ensure medical services are obtainable prior to changing duty stations,” she said. “The EFMP program is designed to be an assignment consideration, and not an assignment limitation.”

The final component is ACS’s EFMP office. It assists Soldiers and their families at the local installation by connecting them to resources and providing them support.

Soldiers seeking command sponsorship should always begin by contacting their unit S1 or the Family Travel Office at the Soldier Support Center for guidance. For community support or other resources, Soldiers and their families should contact the EFMP office at their local ACS.

“I wish I had contacted my EFMP office instead of trying to take a shortcut,” said a lamenting “Kilroy.” “It would have saved us a lot of money, and my family the stress from worrying about Charlie’s health.”

*(Editor’s note: Webster, an EFMP coordinator at ACS, contributed to this article. “Kilroy” is a presumed name to protect the Soldier’s identity.)*

## Points of Contact

For more information on EFMP, call 655-4ACS (4227). For information on Command Sponsorship, access the Directorate of Human Resources webpage at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil).



CONTINUED FROM B-2

## Ongoing

**July Sesame Street Performances** — Tickets are on sale for 16 performances of Sesame Street’s “Can’t Stop Singing” at the Blaisdell Concert Hall, July 12-21.

Tickets range from \$12-\$28 and can be purchased at the Blaisdell box office, all Ticketmaster Outlets, online at

[www.ticketmaster.com](http://www.ticketmaster.com) or by phone at (800) 745-3000. Visit [www.sesamestreetlive.com](http://www.sesamestreetlive.com) for details.

**Veterinary Treatment Facility** — The SB Veterinary Treatment Facility is now seeing patients five days a week, with extended hours every third Wednesday of the month until 7 p.m.

Book an appointment for the new Wellness Package for affordable preventative care or to obtain a mandatory airline health certificate within 10 days of travel out of Oahu. Call 655-5893 or 655-5889.

**Hiking Club** — The Hawaiian Trail and Mountain Club leads weekly hikes around various Oahu locations. For membership information, visit [htmclub.org](http://htmclub.org).

**Latchum Road Closure** — CW Latchum Road, between Lauhala and Airdrome roads, will be fully closed, 24/7, for reconstruction and site work with scheduled completion Dec. 7, 2014.

Project schedule is subject to change pending weather delays. The contractor will have appropriate safety signs. Call 656-2420.



# 8th TSC lays down fairy tale law at Hale Kula School

Story and photos by  
**SPC. DAVID INNES**  
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — Soldiers from the 8th Theater Sustainment Command’s office of the Staff Judge Advocate put on a mock trial for the fourth-grade students of Hale Kula Elementary School for Law Day.

Law Day is an annual event traditionally held on May 1, and designed to help students recognize the importance of the courts and the contributions they have made towards protecting our freedom and democracy.

Each of the Soldiers played a role in the mock trial, except for the jury, which was filled in by students in attendance.

“They were very attentive,” said Capt. Erik Smith, an attorney with the 8th TSC’s SJA. “They seem to be interested so much, as evident afterwards. They were constantly talking about little points in the story that you saw in the trial.”

But this wasn’t your normal, everyday trial



Soldiers from the Staff Judge Advocate, 8th Theater Sustainment Command, perform a mock trial of the fairy tale “The Three Little Pigs” for Hale Kula Elementary School fourth-graders during the school’s annual Law Day.

that you would see on TV. This trial was based off the fairytale “The Three Little Pigs.”

The pig, the plaintiff in the trial, was accusing the wolf, the defendant, of breaking and

entering. The wolf was accusing the pig of battery, but the results of the trial didn’t follow the traditional fairy tale story.

“The pig was guilty and the wolf was not because he could have been framed,” said Hana, one of the student jurors.

Having the children play as the jury was only one way that they stayed interested. Some educational interaction was also applied.

“First, we asked them a few questions,” said Staff Sgt. Danielle Robinson, the special victims paralegal. “We then explained what a trial is, what a defendant is, what a plaintiff is and what the judge is, so they got a perspective of what they were about to see. Then we went into the trial and added a little bit of commentary, a little sidebar to keep the kids interested.”

Law Day was, as it has been in years past, a resounding success. The children were able to learn something about military justice and our country’s justice system.

This year’s theme was equality, teaching the students that no one is above the law.

# DOE offers guidelines for displaying third-party materials

**HAWAII STATE DEPARTMENT OF EDUCATION**  
News Release

HONOLULU — The growing number of promotional brochures and flyers being issued and distributed on public school campuses has prompted a new set of guidelines by the Hawaii State Department of Education (DOE).

The guidelines restrict the dissemination of school-approved third-party marketing, advertising and/or promotional materials to the following distribution methods:

- Posting on a school’s community bulletin board,
  - Placing brochures in a magazine rack display, or
  - Leaving a stack of registration forms at a side counter or table in the school front office.
- These guidelines do not apply to programs or activities that the DOE or the school has affirmatively endorsed or sponsored, including programs or activities conducted by county agencies or federal agencies.
- School resources, staff and teacher time

while on campus should remain dedicated to students. This principle is consistent with the State’s Ethics Code that bars use of public school supplies, equipment or instructional time to promote private business purposes.

The DOE is particularly sensitive to any elements that may distract students on campus or in their classrooms.

The DOE recognizes that some parents may want information about enrichment activities for their children, such as private tutoring, music lessons or sports camps. These types of pro-

motional materials may be displayed in a designated area at the school.

The school may also refuse to display any material that is deemed inappropriate, offensive or promote illegal activity.

**More Information**

The DOE remains committed to ensuring that school campuses are healthy learning environments for students and staff. For more details, visit [hawaiidoe.org](http://hawaiidoe.org).

# Communication ‘Heart Camp’ offers military families scholarships

**GENIE JOSEPH**  
Contributing Writer

When parents and children are struggling with each other, neither is getting their needs met.

Struggling over harsh and regrettable words; dependence on technology, instead of direct communication; uncompleted tasks; and lack of honesty can eat away at closeness, and even the desire to be together.

A one-week family “Heart Camp” communications retreat will be held on Maui, July 7-14, and at least one military family will be selected for a full scholarship.

The camp will teach parents and children the basic skills of compassionate communication. Participants will learn more effective, honest communication methods that help put the fun back in family life.

The goal of Family Heart Camp is to become a place where children learn to cherish, honor and respect their parents — and parents will learn to cherish, honor and respect their children. This supportive community of like-minded people will come to feel like a new family by the end of the week.

“We make it possible to learn new skills supporting harmony, cooperation and peace in families,” the trainers will explain, and they will



MAUI — Family Heart Camp invites military families to its upcoming “Heart Camp” retreat, to be held July 7-14, during which parents and children will learn basic skills of compassionate communication through hands-on activities. (Photo courtesy Family Heart Camp)

be quick to mention “with lots of time for play and fun!”

Many parents feel frustrated by the communication dynamics with their children. They often feel like they’re not even speaking the same

language. In these situations, parents aren’t getting their needs met for respect, cooperation and connection.

Children are not feeling understood, valued or cherished, and the result is that communication becomes less and less effective, and patterns of behavior feel unchangeable.

Fortunately, help is available for families experiencing these challenges. The one-week “Heart Camp” is designed for families experiencing these challenges. The entire family will be taught new and effective methods to heal patterns of communi-

cation.

“We want to build a society where parents cherish and enjoy time with their children, attend to their own needs for rest, rejuvenation and self-care, and have meaningful and supportive relationships with their significant others,” said the trainers of Family Heart Camp.

**Camp Scholarships**

Limited amounts of military family scholarships are available; call (808) 356-9060 or visit [www.familyheartcamp.org/hawaii](http://www.familyheartcamp.org/hawaii).



# 45th Sust. Bde. combatives instructor grads to UFC

Story and photos by  
**SPC. ERIN SHERWOOD**  
45th Sustainment Brigade Public Affairs  
8th Theater Sustainment Command

SCHOFIELD BARRACKS— Staff Sgt. Tyrone Henderson couldn’t have imagined his swift ascent from combatives instructor to Ultimate Fighting Championship (UFC) tournament fighter.

It was 10:30 a.m. at the 45th Sustainment Brigade’s gym, and Henderson finished up his combatives level one class with an encouraging speech.

His easygoing manner may deceive people, but as the noncommissioned officer in charge of the 45th Sust. Bde., 8th Theater Sustainment Command’s combatives program, Henderson is clearly the expert of the brigade.

When asked about the BJ Penn tournament he fought in, his face lit up.

“There was this tournament at Fort Shafter sponsored by BJ Penn,” he said. “They saw me fight, and I won! I was given a free pass to their gym to start fighting with the UFC. Next thing you know, they wanted to fly me out to the tournament.”



Staff Sgt. Tyrone Henderson, combatives program noncommissioned officer in charge, 45th STB, 45th Sust. Bde., 8th TSC, gives his team a pep talk after practice at the 45th STB gym, recently.

BJ Penn, a UFC-sponsored tournament named after the Mixed Martial Arts champion himself, draws fighters like Conrado Martin and Andrew Sanchis, legends in the fighting community. The tournament is an annual event on the island of Maui.

Henderson said the selection was a welcome surprise.

“There were four people ahead of me that had more fights, but the fight team thought I was more ready and more confident.”

### Taking to Combatives

Proud to declare that he is Army trained in fighting techniques, Henderson’s first formal introduction to fighting was with his first unit.

“There was an (organization) day,” he said. “They were having a combatives tournament.

They threw me in the tournament, and I ended up winning!”

After that experience, his interest in combatives quickly became a passion. He went on to compete in many Army-sponsored tournaments in places like Korea and Fort Hood. He was eager to emphasize Army combatives and its role in his success as a fighter.



Staff Sgt. Tyrone Henderson (top), combatives program noncommissioned officer in charge, 45th STB, 45th Sust. Bde., 8th TSC, rolls with a member of the combatives team as other members look on during a practice at the 45th STB gym, recently.

“I look at being in the military as an advantage,” he said. “The other competitors, they don’t live the Army values; they aren’t familiar with Army discipline.”

Unlike most fighters, Henderson refuses to take any supplements or enhancers.

“I look at fighting like war,” he said “I can’t say, ‘Time out, let me pop a pill.’ When I fight, I want to know that’s all me.”

His “back to basics” approach on the mat is evident when someone asks him about his strategy for winning the fight.

“The things that mess you up are

elementary: Tuck your chin, keep your elbows in, keep good breath control.”

**A Good Experience**

When asked whether he was nervous about the tournament, Henderson is quick to answer with true words of wisdom.

“You’re only nervous if you’re not properly prepared.”

Although Henderson did not win BJ Penn, he doesn’t regret the experience.

“Even though I lost, I gained a lot of recognition from the locals for this fight,” he said “I got my name out

there, and I’m taking the loss as motivation to move forward and do better next time. I feel sorry for the next person I fight.”

**Rebounding to Victory**

This past weekend, Henderson placed first in a Honolulu event with the North American Grappling Association, the world’s largest mixed grappling circuit with 170,000 competitors worldwide.

The Honolulu-based event attracted fight teams from all around the world, most famously Japan and Guam. The tournament welcomes both civilian and military fighters.